



ATMA RAM SANATAN DHARMA COLLEGE (UNIVERSITY OF DELHI)

Shikhar: The Mountaineering Club of ARSD College

Boulder Box Outing – It was held a bouldering session on June 2nd, 2023, in Vasant Kunj, New Delhi. The day began with an enthusiastic group of 18 members for a warm-up and orientation session led by the faculty. The climbing routes were exciting but not too difficult for beginners. The event quickly became a resounding success, with members using their mental and physical abilities to solve various bouldering problems. It became clear that physical strength alone would not be sufficient to reach the summit. As a result, by employing innovative techniques and working collaboratively, members overcame new challenges and triumphed. Overall, the event was a success, demonstrating the club members' ability to approach challenges with both intellectual and physical effort.

Event at Indian Mountaineering Foundation (IMF) – On September 4, 2023, Shikhar: The Mountaineering Club hosted an exciting wall climbing and museum visit event at the Indian Mountaineering Foundation (IMF). The event had 27 participants from across the college. The event was a resounding success, with attendees demonstrating exceptional teamwork and camaraderie. Rather than relying on brute force, those with technique excelled easily. It was a motivational day full of cheers and mutual support among participants.

Cycling Event – The Club organised a compelling cycling event that drew cycling enthusiasts from near and far for a day of adrenaline, camaraderie, and friendly competition. Whether racing through urban streets or conquering rugged trails, each route provided a distinct and memorable experience. Athletes demonstrated their abilities and determination, pushing themselves to the limits in pursuit of victory. The event promoted physical activity and sportsmanship while also benefiting the local economy and community development. It effectively combined physical activity with a broader message about living a healthy lifestyle within the college community.

Diwali Mela – The Club organised a successful game stall at ARSD College's Diwali Mela 2023. Among the numerous attractions, the game stall setup added an extra layer of excitement and entertainment, allowing visitors of all ages to participate in friendly competition and win exciting prizes. From classic favourites like break the pyramid to innovative challenges like spin the wheel, each segment provided a unique and engaging experience. It served as a hub for social interaction, cultural celebration, and community bonding, emphasising Diwali's importance as a time of joy, togetherness, and shared celebrations.

Nature Walk – Shikhar, the Mountaineering Club, organised a nature walk and cash dash on February 29th, 2024, in Lodhi Garden, with 20 enthusiastic participants. A fun game, Cash

Dash, was held in Lodhi Garden itself, with 10 Shikhar volunteers spread throughout. Participants were given two hours to collect as much cash as they could from volunteers by completing assigned tasks. Meanwhile, a nature walk was also included alongside the game. The event successfully combined physical and mental activities.